


CARDIOPULMONARY SERVICES

 <p style="color: #0070c0; font-weight: bold; margin-top: 10px;">Exceptional care, inspired by you</p>	<p style="text-align: center;"><u>Ordering Physician / NP* Name</u> (Please Print)</p>	Patient information
	<p style="text-align: center;"><u>Ordering Physician / NP* Signature</u></p>	Name: _____ DOB: _____ HCN: _____ Phone #: _____ Address: _____
	<p><u>Copy To:</u></p> <p style="font-weight: bold; margin-top: 20px;">FAX REQUISITION TO</p> <p style="margin-top: 5px;">(613) 969-5561</p>	If exam ordered by Nurse Practitioner (NP)* please indicate Medical Director:

Appointment booking: 613 969 7400 ext 2494 or NHH (613) 332-2825 ext 6223

CLINICAL INDICATIONS:

Please select all required procedures	Select the preferred location:
Holter & Loop monitoring	Exam available at:
24 hour Holter	BGH TMH PEC NHH
48 hour Holter	BGH TMH PEC NHH
72 hour Holter	BGH only
7 day Loop	BGH TMH PEC NHH
14 day Loop	BGH TMH PEC NHH
28 day Loop (Stroke Clinic assessment)	BGH only
Cardiac Stress Testing	Exam available at:
Treadmill Stress Test	BGH TMH
Electrocardiogram (ECG)	Exam available at:
ECG (no appointment needed)	BGH TMH
Echocardiogram	Exam available at:
Echo with doppler	BGH TMH PEC
Pulmonary Function	Exam available at:
Full PFT - pre/post bronchodilator * ages 6 or older	BGH TMH
Spirometry only - pre/post bronchodilator * ages 4 or older	BGH TMH
Methacholine Challenge Test * must have PFT results within last 12 months * ages 6 or older	BGH only
Oxygen Assessment	Exam available at:
Independent Exercise Oximetry (IEA)	BGH only
Arterial Blood Gas (ABG)	BGH TMH

Appointment Date & Time:

Please have the patient review the back of this page for further instructions on ALL testing



A SIGNED REQUISITION AND VALID HEALTHCARD ARE NEEDED FOR ALL APPOINTMENTS

All QHC hospitals are designated as a reduced scent environment. We do not provide child care, please leave young children at home

PREPARATIONS FOR CARDIOPULMONARY TESTING

Pulmonary Function and Spirometry “breathing” Tests

- **Please stop any fast acting or rescue inhalers (ex., Ventolin) 4 hours prior to test**
- **Please stop any steroid inhalers (ex., Flovent) inhalers 48 hours prior to test**
- Parents of children under age 16 must accompany child during test
- MDI Salbutamol dose will be given based on patient age and lung function
- **Consult with your Physician before stopping any medications**

Methacholine Challenge “breathing” Test

- **Please stop any fast acting or rescue inhalers (ex., Ventolin) 4 hours prior to test**
- **Please stop any steroid inhalers (ex., Flovent) inhalers 48 hours prior to test**
- Requires a routine pulmonary function test to be completed within 12 months of this exam
- **All clients must contact QHC at 613-969-7400 ext. 2415 for instructions prior to appt**
- **Consult with your Physician before stopping any medications**

Treadmill (Cardiac) Stress Testing

- Come prepared to exercise on a treadmill
- Wear comfortable clothing and clean walking/running shoes.
- **Please contact QHC Cardiopulmonary at 613-969-7400 ext. 2411 with any questions**
- Have a light snack at least 2 hours prior to testing
- **No caffeine (includes coffee, tea, soda pop, and chocolate) on the day of the test**
- No smoking on the day of the test
- Beta Blockers, Calcium Channel Blockers, and Digitalis should be stopped 24 hours prior to test (if possible).
- **Consult with your Physician before stopping any medications**

Oxygen Assessment

- Come prepared to walk distances between 20 - 200 meters (60 – 600 ft)
- Wear comfortable clothing and clean walking/running shoes
- **Please contact QHC Cardiopulmonary at 613-969-7400 ext. 2411 with any questions**
- You may have blood drawn during this test
- No smoking on the day of the test
- **If you are using oxygen, please bring it to the test**
- **Consult with your Physician before stopping any medications**

Please List Current Medication(s):

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